

## Week 1

### *Massachusetts Performance Standards*

**The students will:** 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

### UNIT – ARCHERY

1. Safety Rules

#### Objectives (Students will...)

1. Students will adhere to the safety rules of Archery with 100% accuracy.

#### Essential Question

1. What are the safety rules of Archery?

#### Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

#### Teacher Resources

1. Archery: Steps To Success by Kathleen M. Haywood and Catherine F. Lewis
2. Bows
3. Arrows
4. Targets

#### Media and Technology Resources

1. None

#### Evaluation/Activities

**Lecture/Demonstration:** Safety rules for Archery.

**Class work:** Practice the safety rules of Archery.

**Homework:** None

**Review:** None

**Quiz:** None

**Lesson Completion Date** 6-4-10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

## Week 2

### *Performance Standards*

**The students will: The students will:** 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

### **Unit/Topic/Lesson** **UNIT – ARCHERY**

1. Holding the bow.
2. Shooting arrows.

#### **Objectives**

1. Students will demonstrate proper form when holding the bow.
2. Students will demonstrate proper form when shooting the arrows.

#### **Essential Question**

1. What is the proper form when holding the bow?
2. What is the proper form when shooting an arrow?

#### **Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

#### **Teacher Resources**

1. Archery: Steps To Success by Kathleen M. Haywood and Catherine F. Lewis
2. Bows
3. Arrows
4. Targets

#### **Media Resources**

1. None

#### **Evaluation/Activities**

**Class work:** To be done on each topic/concept as needed for understanding.

**Homework:** None

**Review:** All weekly concepts.

**Quiz:** None

**Lesson Completion Date:** 6-11-10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

**Week 3**

***Performance Standards***

**The students will:** 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

**Unit/Topic/Lesson  
UNIT – ARCHERY**

1. Shooting arrows

**Objectives**

1. Students will hit their targets with 60% accuracy when shooting their arrows

**Essential Question**

1. What is the best way to aim the arrows at the target?

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills
3. Motor skills.

**Teacher Resources**

1. Archery: Steps To Success by Kathleen M. Haywood and Catherine F. Lewis
2. Bows
3. Arrows
4. Targets

**Media Resources**

1. None

**Evaluation/Activities**

**Class work:** To be done on each topic/concept as needed for understanding.  
**Homework:** None  
**Review:** All weekly concepts.  
**Quiz:** None

**Lesson Completion Date:** 6-18-10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

**Week 4**

***Performance Standards***

**The students will:** 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

**Unit/Topic/Lesson  
UNIT – ARCHERY**

1. Shooting arrows

**Objectives**

1. Students will hit their targets with 70% accuracy when shooting their arrows.

**Essential Question**

1. What is the best way to aim arrows at the target?

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

**Teacher Resources**

1. Archery: Steps To Success by Kathleen M. Haywood and Catherine F. Lewis
2. Bows
3. Arrows
4. Targets

**Media Resources**

1. None

**Evaluation/Activities**

**Class work:** To be done on each topic/concept as needed for understanding.  
**Homework:** None  
**Review:** All weekly concepts.  
**Quiz:** None

**Lesson Completion Date:** 6-25-10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

