

Week 1

Massachusetts Performance Standards

The students will:2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

UNIT – GAMES

1. Kickball

Objectives (Students will...)

1. Students will be able to play a game of kickball.

Essential Question

- 1..Can students apply all skills learned in kickball.

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. Bases
2. Kick balls
3. Field

Media and Technology Resources

1. None

Evaluation/Activities

Lecture/Demonstration: Go over rules of kickball.
Class work: Playing the game of kickball.
Homework: None
Review: None
Quiz: None

Lesson Completion Date 06/08/10

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 2

Performance Standards

The students will: The students will:2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson
UNIT – GAMES

Soccer/Basketball

Objectives

1. Students will be able to play a game of soccer/basketball.
2. Rules of soccer/basketball.

Essential Question

1. Can students apply all skills learned in soccer/basketball?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. Bases
2. Kick balls
3. Field

Media Resources

1. None

Evaluation/Activities

Class work: To play a game of soccer/basketball.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: 06/15/10

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 3

Performance Standards

The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson
UNIT – GAMES

1. Whiffle Ball.

Objectives

1. Students will be able to play a game of whiffle ball.

Essential Question

1. Can students apply all skills learned in whiffle ball.

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills
3. Motor skills.

Teacher Resources

1. Bases
2. Kick balls
3. Field

Media Resources

1. None

Evaluation/Activities

Class work: To play a game of whiffle ball.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: 06/22/10

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 4

Performance Standards

The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson
UNIT – FLOOR HOCKEY

1. Games

Objectives

1. Students will apply skills learned from previous lessons to a competitive game situation.

Essential Question

1. Can students apply skills learned to a game situation?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. Floor Hockey Sticks
2. Balls
3. Cones
4. Field

Media Resources

1. None

Evaluation/Activities

Class work: To be done on each topic/concept as needed for understanding.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: 03/05/10

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

