

For Counselor Use:
Date Submitted by Student: _____
Date Completed: _____

Saugus High School

Student Profile for Guidance Recommendation

Student Name: _____ Student E-mail: _____

Guidance Counselor: _____ Homeroom: _____

Date of first application deadline: _____ circle one: EA ED RD Rolling

As you know, part of the college application process involves a recommendation from your counselor, which helps to summarize your personal and academic strengths and weaknesses. With the increased number of applications colleges/universities are receiving, it is important that admissions officers are supplied with information that can assist them in accepting you over students with equal academic credentials. Completing this form will also help prepare you for college interviews, as well as, job interviews. Please complete this form as honestly & as thoroughly as possible and return it to your counselor **at least 2 weeks before your 1st college deadline. If you're using the Common Application, this form MUST be completed prior to applying.**

Colleges Under Consideration:

Please indicate if you intend to apply early to any of these schools. If you have prioritized your list, please list the schools in order.

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

Highest SAT Scores: Math _____ Verbal _____ Writing _____

ACT Score: _____ SAT Subject Test Scores: _____ _____ _____

Will you be re-taking any of these tests this fall? Circle one: No /Yes. If yes, what month _____

Teacher Recommendations: 1. _____ 2. _____

- 1. List 5 adjectives that describe how you see yourself or how someone living with you would use to describe you. Give examples to explain why you chose these.**

- 2. How have you changed as a person/student since freshman year?**

- 3. Describe any unusual circumstances that may have had a negative impact on your academic performance.**

4. Describe your proudest personal accomplishments. Please give examples in order to illustrate your achievements. (Honor roll, NHS, black belt in karate, started a band etc.)

5. Do you have an intended major/career? Did you have a major event or experience that contributed to this decision? If undecided, what classes do you find the most interesting?

6. What do you do with your out-of-school time? Do you have any special interests, talents, skills, and hobbies?

7. Use the chart to describe any employment/sports/community service/club/leadership activities.

Activity	Years involved 9, 10, 11, 12 or hrs/wk	Role/responsibilities/achievements

8. What else would you like someone to know about you that was not requested on this sheet? Feel free to use additional paper.